

## Welcome

Welcome to Southport Sharks and Mantra at Sharks!



22 – 26 July 2019

### Wi-Fi

Complimentary unlimited access is available for the duration of your stay, please see reception for your access code if not received on check-in.

### Mantra at Sharks Room Types

#### Studio King

For that extra bit of room for singles or couples to stretch out in, these spacious 24 square metre rooms are the ideal choice. You choose how you would like your super comfortable bedding configured- either as two king singles or a king-sized double. Maximum of 2 people.

#### King Suite

These rooms feature a separate bedroom, lounge/dining room and ensuite bathroom laid out over a generous 42 square metres. This room type is ideal for guests who wish to stay a little longer. Maximum of 3 people.

### Parking at Southport Sharks

PARKING IS FREE at Southport Sharks for members and guests visiting the club. There are 500 car parking spaces, plus an extra 209 spaces allocated to Mantra at Sharks.

### Travelling from Gold Coast Airport (38km)

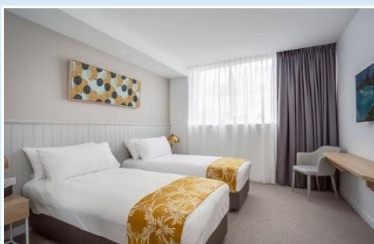
Travel north on Gold Coast Highway for approximately 8 minutes and take the M1 exit. Continue to travel north on M1 for approximately 20 minutes, take exit 66 and follow the signs to Smith Street. Continue on Smith Street in left lane and take the exist turning left onto Olsen Avenue. Continue on Olsen Avenue and then turn right onto Musgrave Avenue.

### Travelling from Surfers Paradise (8.5km)

Travel north-west on Gold Coast Hwy. In 5.5km turn left onto Stevens Street. Continue onto Musgrave Ave. Turn left onto Olsen Avenue Turn and right into Musgrave Avenue.

### Travelling from Various Destinations

SITE	CAR	WALK
Olsen Ave Bus Stop	–	1 min
Light Rail – GCUH	2 min	10 min
GC University Hospital	2 min	10 min
Griffith University	5 min	12 min
Surfers Paradise	15 min	–
Gold Coast Airport	30 min	–
Brisbane Airport	55 min	–





### Fitness Centre

Southport Sharks Fitness Centre offers over 160 pieces of cardio and strength equipment as well as 110+ group classes per week. Gym access is complimentary during your stay during staffed hours only Mon- Fri 5am-9pm, Sat 6am-6pm & Sun 7am – 6pm. Group classes are available at a fee of \$12.50 and must be booked at the fitness centre directly.

### Local Cycling Tracks

Local Gold Coast cycling tracks and maps can be found [here](#).

### Cabana Bar and Lounge

An impressive cocktail bar with stunning design features, including five contemporary cabana lounge booths and an eclectic mix of furnishings and greenery accents – it's a place where friends and family can come together.

### Mackenzie's Sports Bar

The perfect venue to enjoy an ice cold beer with mates, while you sink your teeth into one of Mack's Value Lunches.

### Carmody's Restaurant

An award-winning restaurant offering modern Australian cuisine. Sous Chef, Nathan Hay creates beautifully presented dishes with flavours to impress. Pair with a highly rated wine list compiled by Socky Soares and exemplary service from the whole team.

### The Café

Located in the heart of Southport Sharks, the Café is the perfect meeting place and has a wide range of delicious meals.

### Frenzy's

Frenzy's caters to the entire family, offering the very best in value dining on the Gold Coast and is open for breakfast, lunch and dinner, seven days a week.

### Aviary Rooftop Bar – Happy Hour 5 – 6pm Daily

Exclusive 18+ venue located on level 5, available 7 days. Dress code applies.

Open from 4pm Mon-Friday & 12pm Sat & Sun.

### Closest Hospitals

Public –

Gold Coast University Hospital – 850m (11 minute walk)

Private –

Gold Coast Private Hospital – 1.1km (14 minute walk)

### Closest Shopping Centres

Harbour Town Outlet Shopping Centre - 3.4km -

<https://harbourtowngoldcoast.com.au/>

\* Harbour Town can offer a shuttle service depending on demand/amount of guests

Westfield Helensvale – 9.7km -

<https://www.westfield.com.au/helensvale>

Pacific Fair - 14.6km -

<https://www.pacificfair.com.au/>

